

**Emmanuel's Mission Statement:
To Know Christ and to Make Him Known**

FROM THE RECTOR

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. Psalm 46:1-3

With the rain last week, the storm currently approaching, the shortening of the days, and the turning of the leaves, we are given clues that the season is changing and the cold of winter is approaching. For me I begin to prep for the winter. I begin to think about what needs to be done so that we are ready and sheltered when the storms arrive.

In our passage from Psalm 46, the psalmist speaks to how God addresses that need in each of us. The description begins with a profound statement, "God is our refuge and strength, an ever-present help in trouble." Like a fortress, God is the place where we are safe from all harm. The place where our souls are held in peace. Not only is He a shelter to us, but God is also a strength to us. When they would crumble, God makes His people strong. In addition, during times of difficulty, God is an "ever-present help in trouble." He is always with us in difficult times. Even when God does not seem to be present, He is there, holding us, sheltering us, and giving us strength.

The psalm then continues with several examples of the events which the followers of God need not fear, "Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging." These events could be seen as the threat of earthquake, landslide, and storm, but the language also evokes a feeling of the end of the world. When everything is coming down around you and it seems like it is all going to end, even then, God is there, so we need not fear.

You might also be preparing for the changing of the weather, but are we preparing our lives with God so that when the storms strike, we are grounded in our love for Him? This fall, let us commit together to devote our lives to a deeper knowledge of God through study, a deeper love of God through prayer, and a deeper trust in Him through serving others.

In Christ, *Seth*



EMMANUEL VICTORIAN CHRISTMAS FAIR

Come and start your holiday shopping!



Dates: November 7th - 8th
and Sunday the 9th between services.

Time: 10 a.m. to 4 p.m.

Enjoy the Café: Yummy Luncheon
Open until 3 p.m. on the 7th and 8th

Lots of Homemade items to purchase:
Homemade jams, jellies, Baked Goods,

Jewelry, Soft Goods, (Scarfs hats, Baby Blankets, Quilts),
PLUS Themed Gift Baskets, Toys, Ornaments and

Holiday Decorations,

Stocking Stuffers and MORE!

The Christmas Faire benefits Emmanuel Church
and Community Outreach

VOLUNTEERS NEEDED AND WELCOMED

Hello everyone, starting on Tuesday, October 28th through Thursday the 30th, we will be pricing items for the fair from 9 a.m. to 1:30 p.m. in Buck Hall downstairs in the large classroom.

We would like 7 - 8 Volunteers to help out. If you've not already signed up on the bulletin board in Buck Hall, but can help, please let me know via email or phone. Please let me know if you can come help for even one or two hours. That can make a difference. *Come and have some volunteer fun!*

There is also a need to help in the kitchen for the Café. Sign-up sheets are posted on the bulletin board for that opportunity, too.

You can email Gloryanne (Chair and Coordinator) at: gloryanneb@sbcglobal.net OR call 415 254 8401. Thank you! Gloryanne



Our Elegant Edibles Table will have yummy items to purchase. We are asking for donations from anyone who would like to bring baked goods (sweet or savory), or candy, wrapped, labeled, and ready for purchase to Buck Hall on Thursday, November 6th. Remember to wrap your donation in see-through packaging so customers can see what they are purchasing.

EMMANUEL U

Continues through Sunday, November 16th

Emmanuel U exists to bring the university to the church, to provide a way of engaging subjects of importance to the congregation through the tools of rigorous teaching and analysis. Emmanuel U aims to challenge, but also to uphold - by committing to an Emmanuel U class, the layman will encounter the gifts, skills, and tools of the academy designed to meet them

where they are in order to support them in their thinking and spiritual lives.

Presented by Katherine A. Schuessler, the course will continue through November 16th.

This class is donation based with a suggested donation for the entire series of \$50



WREATHS ACROSS AMERICA

The Captain John Oldham Chapter, Daughters of the American Revolution has been sponsoring the Wreath Ceremony at St. Patrick's Cemetery since 2008.

This year's ceremony will be on Saturday, December 13th at noon. With your help, we placed 1672 wreaths in three cemeteries last year. Our goal this year is 2025 wreaths to celebrate the birthday of our country.

Wreaths are still only \$17.00 each. The purchase of each wreath entitles you to add one name of a veteran to be remembered in our program. If you purchase 10 wreaths, your name or your business will be listed in our program.

Please make checks payable to: Wreaths Across America. Leave them with Debbie in the church office, put them in the offering plate on Sunday marked Wreaths Across America on the Memo Line, or give them to Sally Knutson. I have "Save the date" cards with an address or QR code means of donating directly to WAA.

Thank you again for participating in this tribute to our men and women who served in the Armed Forces. For more information, please see or call Sally Knutson at 530-478-0192.

*Never waste an opportunity
to tell someone you love them.*

FROM THE SENIOR WARDEN

The new Church directory photos were taken, thank you Millie. That involved a lot of effort.

Blessing of the Animals happened on a very pleasant Sunday afternoon with Father Seth performing the blessing and Deacon Karen assisting. A good turnout.

The Stewardship Campaign is starting this month. Spence Strickley and Al Lehmkuhl are working hard and letters have been mailed. Please give your support generously this 170th year of Emmanuel Church.

NEW PHOTO DIRECTORY



A strong community of faith depends on members being able to call each other by name. Being able to put a face to a name is incredibly helpful.

I would like to extend a huge thank you to all of you who participated in the new directory. A very special thank you to Barbara Boyer, who gave her time and talent during the two days spent taking pictures. She was an invaluable help.

I am grateful for the opportunity to get to know each of you a little better. We shared stories, laughed, and learned more about each other. Those two days were a blessing to me.

Will you please help me further? In order to help Debbie, our parish secretary, update the church roster I would like those who didn't have their photo taken provide the following information:

- Names of husband and wife
- Names of Children
- Do you have a land line you want to use? Or not?
- Husband's cell phone, email address
- Wife's cell phone, email address
- Street address, city and zip code

You can phone me at 530-265-3112, email me at themadhouse86@gmail.com, or see me in church.

NOVEMBER BIRTHDAYS



07 Nathaniel Bryant	15 Barbara Neely
07 Roxanna Parker	17 Chris Boyer
09 Samuel Taylor	18 Denise Mozzetti
11 John Taylor	21 Mattea Curtis
12 Ella Kellermann	22 Alice Beatie
12 Bill Thomas	24 Cynthy Strickley

INTERFAITH FOOD MINISTRY NEWS

THANKSGIVING FROZEN MEALS

Thanksgiving Frozen Meals Preparation and Assembly—Volunteer dates and times to be determined.

We are working with Melinda who owns the Prep Kitchen located near the Alta Sierra & Hwy 49 signal, <https://prep-kitchen.com/>. They will cook the turkey, but we need volunteers to help prepare and assemble the meals into containers to be labeled and frozen. Lots of assembly line work and washing dishes! Dates to be determined

MONEY!

IFM has not had Federal funds rescinded, but we run on public donations. Money is our really best type of donation, because IFM has excellent buying power—probably 25-30% that of a normal person. *Please donate!*

Volunteer times for The Spaghetti Dinner and the Thanksgiving prep have not been published yet, but if you call Carol Fegte, or speak to her at church, she will put you on a list and call when the volunteer times are set. Carol Fegte (530) 432-0659

SUNDAY FELLOWSHIP TIME

Coffee and Fellowship Hour is a time enjoyed by all parishioners. There is a coffee hour after the 8:00 o'clock service and a coffee hour after the 10:00 o'clock service in Buck Hall with lots of goodies to enjoy. If you would like to participate, there is a list of group leaders and their phone numbers on the bulletin board in Buck Hall. Just give them a call. Or, if you are interested in starting your own group, please call Adrienne Ybarrondo at 530-913-1773 for the 8:00 a.m. service and Pam Hall at 530-305-0569 for the 10:00 a.m. service. Thank you.



If you are celebrating a birthday, wedding anniversary, or other special event that you would like to share with your fellow parishioners, you are welcome to bring a cake, cupcakes, or other item to share at the Fellowship hour following the service that you attend.



SPONSOR THE ALTAR FLOWERS



Altar Flowers Do you have a birthday or anniversary coming up that you would like to celebrate by donating to the flowers which grace the altar on Sundays? Our flower ministry is committed to presenting beautiful bouquets each Sunday and they are funded by the donations which we make to sponsor flowers for each Sunday.

If you would like to sign up to have a loved one or a special event remembered in the church bulletin made visible with flowers, the sign-up sheet is on the wall in Frank Buck Hall. Choose your special date. The suggested donation is \$35 but you are welcome to offer more if you like. The additional money does not make a larger bouquet, but it helps to fill any empty days. Contact the church office (530-273-7876) with any questions or to sign up remotely. Thank you! - The Flower Guild

A Thanksgiving Prayer

O Lord, with humble hearts we pray
thy blessing this Thanksgiving Day
and ask that at table place,
where grateful folk say words of grace,
Thou will come to share the yield
thy bounty gave to farm and field.
We pray thy love will bless, O Lord,
each hearth, each home, each festive board;
and that Thy peace will come to stay where
candles glow, Thanksgiving Day.

THANKSGIVING: 1621 PLYMOUTH, MASSACHUSETTS

Though the Pilgrims held the first Thanksgiving dinner, our celebration of the holiday today is due in large part to the tireless efforts of a nineteenth-century female editor of a popular ladies' magazine.

The 102 Pilgrims who sailed on board the *Mayflower*, fleeing religious oppression, were well acquainted with annual thanksgiving-day celebrations. The custom was ancient and universal. The Greeks had honored Demeter, goddess of agriculture; the Romans had paid tribute to Ceres, the goddess of corn; while the Hebrews had offered thanks for abundant harvests with the eight-day Feast of Tabernacles. These customs had never really died out in the Western world.

The Pilgrims, after a four-month journey that began in Holland, landed at Plymouth on December 11, 1620. Confronted with severe weather, and a plague that killed hundreds of local Indians, they had by the fall of 1621 lost forty-six of their own members, mainly to scurvy and pneumonia. The survivors, though, had something to be thankful for. A new and bountiful crop had been harvested. Food was abundant. And they were alive, in large part thanks to the assistance of one person: an English-speaking Pawtuxet Indian named Squanto, who was to stay by their side until his death two years later.

As a boy, Squanto had been captured by explorers to America and sold into slavery in Spain. He escaped to England, spent several years working for a wealthy merchant, and, considerably Anglicized, returned to his native Indian village just six months before the Pilgrims landed. He had helped them build houses and to plant and cultivate crops of corn and barley. In the fall of 1621, the Pilgrims elected a new governor, William Bradford, and proclaimed a day of thanksgiving in their small town, which had seven private homes and four communal buildings.

According to Governor Bradford's own history, *Of Plimoth Plantation*, the celebration lasted three days. He sent "four men fowling," and the ducks and geese they brought back were added to lobsters, clams, bass, corn, green vegetables, and dried fruit.

The Pilgrims invited the chief of the Wampanoag tribe, Massasoit, and ninety of his braves, and the work of preparing the feast – for ninety-one Indians and fifty-six settlers – fell to only four Pilgrim women and two teenage girls. (Thirteen women had died the previous winter.)

The first Thanksgiving Day had all the elements of modern celebrations, only on a smaller scale. A parade of soldiers, blasting muskets and trumpeting bugles, was staged by Captain Myles Standish, later to be immortalized in Longfellow's "The Courtship of Miles Standish." The ninety Indian braves competed against the settlers in foot races and jumping matches. And after the Indians displayed their accuracy with bow and arrow, the white men, with guns, exhibited their own breed of marksmanship.

Turkey, Cranberries, and Pumpkin Pie – The six women who prepared the first Thanksgiving Day meal worked with the meager resources at hand. But they produced a varied menu, with many of the elements that have since come to be traditional holiday fare.

Despite popular legend, two major staples of a modern Thanksgiving meal – turkey and pumpkin pie, may not have been enjoyed at the Pilgrim's banquet.

Though Governor Bradford sent "four men fowling," and they returned with "a great store of wild Turkeys," there is no proof that the catch included the bird we call a turkey. Wild turkeys did roam the woods of the Northeast, but in the language of the seventeenth-century Pilgrims, "turkey" simply meant any guinea fowl, that is, any bird with a featherless head, rounded body, and dark feathers speckled white.

It is certain, however, that the menu included venison, since another Pilgrim recorded that Chief Massasoit sent braves into the woods, who "killed five Deere which they brought to our Governour." Watercress and leeks were on the table, along with bitter wild plums and dried berries, but there was no apple cider, and no milk, butter, or cheese, since cows had not been aboard the *Mayflower*.

And there was probably no pumpkin pie, or bread as we'd recognize it. Stores of flour from the ship had long since been exhausted and years would pass before significant quantities of wheat were successfully cultivated in New England. Without flour for a pie crust there could be no pie. But the Pilgrims did enjoy pumpkin at the meal – boiled.

The cooks concocted an ersatz bread. Boiling corn, which was plentiful, they kneaded it into round cakes and fried it in venison fat. There were fifteen boys in the company, and during the three-day celebration they gathered wild cranberries, which the women boiled and mashed into a sauce for the meal's meats.

The following year brought a poor harvest, and boatloads of new immigrants to house and feed; the Pilgrims staged no Thanksgiving feast. In fact, after that

first plentiful and protracted meal, the Pilgrims never regularly celebrated a Thanksgiving Day.

A National Holiday – October 1777 marked the first time all the thirteen colonies joined in a common thanksgiving celebration, and the occasion commemorated the patriotic victory over the British at Saratoga. It, too, however, was a one-time affair.

The first national Thanksgiving proclamation was issued the President George Washington in 1789, the year of his inauguration, but discord among the colonies prevented the executive order from being carried out. For one thing, many Americans felt that the hardships endured by a mere handful of early settlers were unworthy of commemoration on a national scale – certainly the brave new nation had nobler events that merited celebration. On this theme, President Thomas Jefferson went so far as to actively condemn a national recognition of Thanksgiving during his two terms.

The establishment of the day we now celebrate nationwide was largely the result of the diligent efforts of magazine editor Sarah Josepha Hale. Mrs. Hale started her one-woman crusade for a Thanksgiving celebration in 1827, while she was editor of the extremely popular Boston *Ladie's Magazine*. Her hortatory editorials argued for the observance of a national Thanksgiving holiday, and she encouraged the public to write to their local politicians.

When *Ladie's Magazine* consolidated with the equally successful *Godey's Lady's Book of Philadelphia*, Mrs. Hale became the editor of the largest periodical of its kind in the country with a readership of 150,000. Her new editorials were vigorous and patriotic, and their criticism of dissenters was caustic.

In addition to her magazine outlet, over a period of almost four decades she wrote hundreds of letters to governors, ministers newspaper editors, and each incumbent President. She always made the same request: that the last Thursday in November be set aside to “offer to God our tribute of joy and gratitude for the blessings of the year.”

Finally, national events converged to make Mrs. Hale's request a reality. By 1863 the Civil War had bitterly divided the nation into two armed camps. Mrs. Hale's final editorial, highly emotional and unflinchingly patriotic, appeared in September of that year, just weeks after the Battle of Gettysburg, in which hundreds of Union and Confederate soldiers lost their lives. (*3,155 Union Soldiers and 3,903 Confederate Soldiers*) In spite of the staggering toll of dead, Gettysburg was an important victory for the North, and a general feeling of elation, together with the clamor produced by Mrs. Hale's widely circulated editorial, prompted President Abraham Lincoln to issue a proclamation on October 3, 1863, setting aside the last Thursday in November as a national Thanksgiving Day.

Since then, there has been one controversial tampering with that tradition. In 1939 President Franklin D. Roosevelt shifted Thanksgiving back one week, to the third Thursday in November – because store merchants requested an increase in the number of shopping days between Thanksgiving and Christmas.

This pleased the merchants but just about no one else. Vehement protests were staged throughout the country. Millions of Americans, in defiance of the presidential proclamation, continued to celebrate Thanksgiving on the last Thursday in November – and they took the day off from work. Protests grew even louder the following year. Not wanting to go down in history as the Grinch who stole Thanksgiving, in the spring of 1941 Roosevelt publicly admitted he had made an error in judgment and returned the holiday to the last Thursday in November. The merchants countered by offering sales and discounts, thus beginning the annual practice of promoting Christmas earlier and earlier.

From Panati's Extraordinary Origins of Everyday Things

*This Thanksgiving morning,
while you watch the Macy's Thanksgiving Day Parade,
enjoy this recipe from the new church cookbook coming soon.*

PUMPKIN SPICE MUFFINS

2 cups pumpkin puree
1-1/2 cups granulated sugar
2 cups non-fat Greek yogurt
1 teaspoon baking soda
2 large eggs
1/4 teaspoon salt
1/4 cup canola or vegetable oil
1-1/2 teaspoons ground cinnamon
1 teaspoon vanilla extract
1 teaspoon ground cloves
1-1/2 cups all-purpose flour



Preheat oven to 350 degrees. With non-stick cooking spray, spray 2 (large-hole) muffin tins. In a mixing bowl, mix together the pumpkin purée, yogurt, eggs, oil and vanilla. In another bowl combine all the dry ingredients. Using a mixer, slowly combine the wet and dry ingredients until well mixed. Scoop 1/2 cup of batter into each muffin well. Bake approximately 25 – 30 minutes, or until muffins spring back when pressed lightly on top and a toothpick comes out clean when inserted. Makes 16 large muffins. *Recipe from Kate Dumont*

"May your blessings be multiplied this year and throughout all your life. Happy Thanksgiving wishes to you!"

EMMANUEL'S MESSENGER

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Email emmanuelgv@sbcglobal.net Website www.emmanuelgv.org

VESTRY

Senior Warden
Ray Gearheart 530-559-7872
Email rgearheart1@gmail.com
Junior Warden
Cathy Edger 415-328-7772 Email cedgerl@gmail.com
Vestry Members
Barbara Coborn Email barbara.colborn15@gmail.com
Jim Daly 530-274-7804 Email jimdaly@comcast.net
Toni DeRego 530-432-3904 Email jderego@comcast.net
Al Lehmkuhl 908-279-3233 Email jalehmkuhl@aol.com
Barbara Neely 760-533-6210 Email neely@digitalpath.net
Chris Shelton 530-273-5227
Email ctshelton9625@gmail.com
Spence Strickley 530-205-0937 Email srstric14@gmail.com
Clerk of Vestry Debra Wicks 530-268-1472
Treasurer: Sarah Quatela, mail4srg@yahoo.com
Please DO NOT forward "junk" mail to Vestry Members

STAFF

The Reverend Seth Kellermann, Rector
Cell 530-615-8545 Email frsethk@gmail.com
The Reverend Canon Mary Hauck, Priest Associate
432-2537 Email canonhauck@gmail.com
The Reverend Karen Hoida, 714-501-2763
karen@hoida.net
Music Director/Organist Thomas Greathouse
702-355-8838 Email thomgreathouse@gmail.com
Debbie Thaten, Church Secretary
Office 530-273-7876
Millie Beatie, Editor of The Messenger
530-265-3112 Email themadhouse86@gmail.com

MESSENGER DEADLINE – Please submit your articles by the 3rd Sunday. Include your name, phone number or Email address. Send to Millie at themadhouse86@gmail.com

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Emmanuel Episcopal Church
235 South Church Street
Grass Valley CA 9594

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