

EMMANUEL’S ANNUAL MEETING



Please come to the Annual Meeting on **Sunday, February 2nd** following the 10 o'clock service. For those attending the 8 o'clock service, we hope you will return for the meeting to hear reports by Fr. Kellermann, the Treasurer, Vestry members, and Parish Organizations.

**EMMANUEL CHURCH CRAB FEED AND PASTA TOO!
Saturday, February 15, 2025**



The annual Men’s Club crab feed will be held on Saturday, February 15th. All parishioners, their family, and friends are invited to the crab feed fellowship and fundraiser. There is only one seating at 5:30 p.m. in Buck Hall. **Tickets will go on sale after each service in Buck Hall from January 19 through February 9th.** Sign up early to reserve your seat!

We will be serving fresh crab with melted butter and cocktail sauce, spaghetti with marinara sauce, mixed green salad with Italian dressing, French bread and butter, vanilla ice cream and beverages. The cost is \$50.00 per person 12 years and older and \$30 for kids 6 -11. *Kids 5 and under are free.*

There is also a vegetarian option of pasta and salad for \$20 per person 12 and older and \$10 for kids 6 - 11. *Kids 5 and under are free.*

Spence Strickley 530-205-0937/srstric14@gmail.com

Volunteers Are Needed!



To help make The Men’s Club crab feed fundraising event a success we need additional volunteers. The volunteer list is posted in Buck Hall for this February 15th event. Please contact us if you have any questions. Thank you!

Jerry DeRego (530) 802-6278/jderego@comcast.net
Spence Strickley (530) 205-0937/srstric@gmail.com

EMMANUEL’S SHROVE TUESDAY WAFFLE SALE - March 4, 2025



It takes many volunteers, not just the women who attend meetings of the guild, but women and men as well to make this event a successful. The money raised goes to community outreach programs given by our church and funded by this guild fundraiser. The guild

also uses these funds to support thirteen non-profit organizations, various projects, and needs of Emmanuel.

For the next few Sundays (beginning on January 26) I will be in Buck Hall to sign up volunteers and accept a donation in the amount of \$5.00 (or as much as you choose to donate) per family to help pay for expenses, which has been the custom for over 100 years.

From the beginning it was the tradition for each family to contribute a pound of butter, a dozen eggs, a bottle of syrup, etc. to help defray expenses. As prices rose it was easier and less expensive for families to donate \$5.00. In the past few years, we have asked each parish family to donate that nominal donation. Put together, all of these donations are used to purchase waffle mix, eggs, butter, ham, coffee, tea and all the things we need to serve our customers and present them with a great meal!

We need you to volunteer for the various positions it takes to serve up to 450 or more people that day. I have small job descriptions for each position for you to take home so you can read up on what you will be doing before you arrive. I ask that you sign up for one position and remain in that position during your shift. There are two shifts: one at 10:30 a.m. to 1:30 p.m. and one from 4:30 p.m. to 7:30 p.m. You can work both, if you are able. We look forward to **your** help!

If you have questions, please phone Millie at 530-265-3112 or email themadhouse86@gmail.com.

DECEMBER 2024 FINANCES

Actual December Revenue	88,767.82
Budgeted December Revenue	33,117.00
Actual December Expenses	86,213.65
Budgeted December Expenses	33,117.00
December Net	2,554.17
2024 Total Revenue	450,485.69
2024 Total Expenses	450,485.69
2024 Year-To-Date Net	0

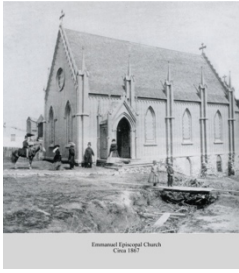
FEBRUARY BIRTHDAYS



- | | |
|-----------------------|-----------------------|
| 04 Cassandra Welborne | 23 Gerald DeRego |
| 06 Shirley Racine | 23 Keith Edger |
| 10 Ed Scofield | 24 C.H. Lennon |
| 11 Millie Beatie | 26 Chris Stafford |
| 12 Gretchen Corbin | 27 Samantha Stehmeyer |
| 13 Carl McCosker | |

Happy Birthday - The song's melody originated from a school teachers' greeting song titled “Good Morning to All”, composed by American sisters Mildred and Patty Hill in 1893, although this accreditation has been questioned. The first time the combination of the “Happy Birthday to You” lyrics and melody appeared was in 1912.

170TH CELEBRATION AT EMMANUEL!



A committee is in the beginning stages of planning special events for a celebration of Emmanuel's 170th Anniversary this year. Some ideas are in place but others are still developing.

To help build your anticipation, for the next several months The Messenger will provide you with historical questions for you to contemplate and try to answer. They won't necessarily be in any order of happening. Ready? Here we go!

- 1) What gold mining company presented Emmanuel with a parcel of land to build our church "on condition that..."
- 2) If their generous offer was accepted, what was the "condition?"
- 3) What style of architecture is the church building?
- 4) In what year and at what service was the Processional Cross, carried by our crucifers today, first used?
- 5) Name the two young girls who traveled to outlying mining claims on horseback to solicit money to build Emmanuel Church?
- 6) At one time there were five separate guilds at Emmanuel. Can you name them?
- 7) What did the original windows look like? Were they stained glass or something different?
- 8) How many churches were built between Neal Street and Chapel Street during the 1850's. How many remain from that time period?
- 9) Has Emmanuel Church ever had to close its doors?
- 10) What is Saint Cecelia's Room named after?

XXX FOR KISSES

Lovers who affectionately sign XXX's to Valentine cards and letters are usually unaware that the custom goes back to the early Christian era when a cross mark or "X" conveyed the force of a sworn oath. The cross was, of course, a religious symbol. Not only did it refer to the cross of Calvary, it also was the first letter of the Greek word for Christ, *Xristos*.

In the days when few people could write, their signature cross, or "X", was a legally valid mark. To emphasize their complete sincerity in an accord, they often kissed the mark, as a Bible was frequently kissed when an oath was sworn upon it. It was this practice of kissing the "X" that led to it becoming a symbol of a kiss.

During World War II the British and American governments both forbade men in the armed forces from putting "XXXs" on their letters, afraid that spies within

the services might begin sending clandestine messages coded as kisses. — From Panati's *Extraordinary Origins of Everyday Things*.

WREATHS ACROSS AMERICA



One-thousand six hundred and seventy-two wreaths were placed on Veterans graves in three local cemeteries. We had to cancel the ceremony scheduled for Saturday, December 14th due to high winds and heavy rainfall, but fifty members of the community showed up on Sunday to lay the wreaths. What a blessing they were.

Bonnie and I want to thank Emmanuel parishioners again from the bottom of our hearts. Your DONATION of money to buy the wreaths, TIME to prepare the graves and lay the wreaths, and your continued LOVE for our Veterans, energizes us to continue the project next year. Wreaths Across America sent three million wreaths to 4,909 locations worldwide this year.

You are a part of a very BIG project with the motto: *Remember, Honor, Teach*. I watched the young people who came out to lay wreaths as they read the name of the Veteran they were honoring. They were learning lessons no classroom can teach.

Happy New Year to everyone. - Sally Knutson and Bonnie Magnetti



Singing songs to and with our children can help them understand and love God.

Title: "The B-I-B-L-E"

The B-I-B-L-E
Yes, that's the book for me
I stand alone on the Word of God
The B-I-B-L-E
The B-L-O-O-D
That Jesus shed for me;
Christ paid the price, our sacrifice
The B-L-O-O-D!

I'm S-A-V-E-D,
By G-R-A-C-E;
I'm saved by grace, the Scripture says
The B-I-B-L-E!

Emmanuel's Sunday School

Emmanuel Sunday School is available every Sunday from 10 a.m. to around 10:40 a.m. with a story,

lesson, and program. We invite children, visiting grandchildren, nieces, nephews and others to participate in the Sunday School time which is held downstairs in Buck Hall. The children return to the Church service at the "Passing of the Peace" to join their family.

Sunday School Volunteers and Helpers are Needed! Please consider being a Sunday School instructor or helper once a month or once a quarter! The time commitment is limited and fun! Talk with Tara Kellermann or Gloryanne Bryant to volunteer.

Mealtime Prayer - Even a simple prayer of grace before a meal holds the power to teach your children powerful lessons about gratitude to the Almighty.

"Lord, we are so grateful for the food that You have set before us. We know that not everyone has what we do and we thank You for everything You have given to us. In your holy name we pray. Amen"

INTERFAITH FOOD MINISTRY
Can You Do It?



Things are tight everywhere. With an alarming uptick in usership and diminishing donations, the food pantry is facing many challenges. Latest on the menu is the unavailability of reasonably priced canned goods, which go into bags available once a month to families. These bags contain soup, fruit, vegetables and beans. Right now, it is difficult to find vendors who will provide these canned goods at a good price. Please, please, bring in cans of beans, soup, vegetables and fruits so we can help fill these bags!

And after supplying this need--don't stop there! There's no law against giving a cash donation as well! Thank you in advance for your continuing generosity.

Carol Fegte [(530) 432-0659; cfegte@yahoo.com]

Remember that what you give will afford you more pleasure than what you get.

FELLOWSHIP TIME FOLLOWING SERVICES



The social gathering time in Buck Hall following the 8:00 and 10:00 a.m. services offers a great opportunity to visit with your fellow parishioners, as well as welcoming new guests. Many church members have formed coffee groups that supply the coffee, tea, and delicious nibbles for each service.

When you see a Coffee Group working for you, be sure to thank them for their service. To form a new group or to be added to an existing group for the upcoming year, contact Adrienne Ybarrondo at 530-913-

1773 for the 8 o'clock service, and Linda Gearheart at 530-913-9466 for the 10 o'clock service.

The 2025 schedule and sign-up sheet is posted on the bulletin board in Buck Hall. - Linda Gearheart

SPONSOR THE ALTAR FLOWERS



Altar Flowers

Do you have a birthday or anniversary coming up that you would like to celebrate by making a donation to the flowers which grace the altar on Sundays? Our Flower Ministry is committed to presenting beautiful bouquets each Sunday, and they are funded by the donations which we make to sponsor flowers for each Sunday.

If you would like to sign up to have a loved one or a special event remembered in the church bulletin and made visible with flowers on the Altar, the sign-up sheet is on the wall in Buck Hall. There are two spaces for each day to fill. The suggested donation for one bouquet is \$35, but you are welcome to offer more if you like, although the additional money does not make a larger bouquet but goes to fill unsponsored days. Contact the church office (530-273-7876) with any questions or to sign up remotely. Thank you!

PILGRIMAGE: Missionary Journeys of

St. Paul - Registration is open for Missionary Journeys of St. Paul Pilgrimage. We will be following the Apostle Paul on his missionary journeys in Greece May 12-23, 2025. We will visit Athens, Corinth, Ephesus, Patmos, Berea, Thessalonica, and Meteora. Part of the pilgrimage will be a 3 to 4-day cruise on the Aegean Sea and then the rest will be travel by bus to the various sites. We hope that you will join us for this amazing opportunity to see the spread of the Gospel in the 1st century. **Registration is ending soon!** If you have any questions please contact Fr. Seth. He can be reached at (530) 273-7876.



WEEKLY MEN'S GATHERING

All men of Emmanuel are welcome to meet with the group Online on Thursday mornings at 7:30 a.m. Join us for fellowship, prayer, and spiritual growth. For more information speak to Fr. Seth.



EMMANUEL'S HEALING SERVICE

Emmanuel offers a Healing Service each Thursday morning at 10:00 a.m. Please join us.

BIBLE STUDIES

Tuesday evenings at 6:30 on Zoom.

Thursday mornings in Buck Hall at 11:00 in person.

THE HISTORY EMMANUEL'S SHROVE TUESDAY WAFFLE SALE

Women of Emmanuel have always been involved with the church. Guilds began to form by 1879. They remained busy with bazaars, social gatherings, programs, and other activities. In lean years, through fundraising events, they were able to support the church and help make repairs, improvements to the property, and helped eliminate debt in times of need. St. Catherine's Guild is one of the earliest guilds and is one of three remaining guilds at Emmanuel. Since the 1880s the guild has supported Emmanuel. In the late 1890s, along with other guilds at that time, St. Catherine's Guild began to give ten percent of its earnings to missionary work, and under the guidance of The Rev. Van Deerlin the guild supported the Good Sheppard Episcopal Mission in Colfax.

One hundred and nine years ago in the early spring of 1916, St. Catherine's Guild was holding its regular monthly meeting. Miss Annie Curtis, president, was presiding over the meeting. Since Lent was close at hand, Rector Dr. Bert Foster was telling the women about the pancake sales that were held in England on Shrove Tuesday, and he proposed that the guild at Emmanuel do something similar.

The old parish hall, which began on the site of the current rectory as the Parsonage, had been moved to the current site of Buck Hall. It had no functioning kitchen and was not equipped to handle a pancake sale. However, there was an old wood stove in the makeshift kitchen off the hall and one of the guild members mentioned that she had a waffle iron, which could be used over the wood stove. The old waffle irons were made of iron and sat on a stand that was placed over the open

lid of a wood stove to heat. Two handles were attached to the iron, which could be turned over to allow both sides of the waffle to bake. So, instead of pancakes they made waffles for their first waffle sale. In 1916, on Shrove Tuesday, eight ladies



gathered together to enjoy a waffle supper followed by a game of cards before the beginning of the Lenten Season. Twenty-five cents per person was charged and a grand total of \$2.00 was earned. The ladies were pleased with their efforts. The following year the sale netted \$6.00 and the waffle sale became an annual fundraiser. Members of the parish were each asked to contribute an item to finance the cost of the event and an invitation to the community to attend was extended. The tradition of parishioners financing the event continues to this day. Instead of providing a pound of coffee or butter, or a dozen eggs, or a bottle of syrup, each parish family is encouraged to contribute \$5.00 to offset expenses. In today's market, \$5.00 is much less than a pound of coffee!

With the coming of electric waffle irons, a new parish hall built in 1937 with a well-equipped kitchen, advertising, and hard work contributed by members of the parish, this St. Catherine's Guild moneymaker has continued to be a popular

community event that is well supported by parishioners, long-time attendees, and newcomers of the community.

Volunteer parishioners working together have always made the Shrove Tuesday Waffle Sale possible. The waffle sale is not just a woman's happening. It also includes the work of the men and young parishioners, too. When volunteer parishioners come together for a common cause it accomplishes two goals. One, of course, is to raise money, but the other benefit is to give members of the church an opportunity to gather together. Working side by side they get to know each other better and become family. Sponsored by St. Catherine's Guild to fulfill Emmanuel's Outreach Program this event is a major fundraiser. Monies earned from the Victorian Christmas Faire and the Shrove Tuesday Waffle Sale support thirteen designated local non-profit organizations, and Emmanuel's needs, when needed.

ELEANOR ROOSEVELT AN ASPIRING FEMALE EPISCOPALIAN

One of the most admired women of the twentieth century, Anna Eleanor Roosevelt was First Lady of the United States from 1933 – 1945. Known as a reformer, diplomat, and humanitarian, she was a cradle Episcopalian making her church home at St. James' in Hyde Park, New York. Along with raising five children and supporting her husband, President Franklin Delano Roosevelt, she was an outspoken advocate of equal rights, child welfare, and labor reforms. She served as the U.S. delegate to the United Nations and played a key role in the adoption of the Universal Declaration of Human Rights in 1948.

ST. VALENTINE'S DAY: 15TH CENTURY, ROME

The Catholic Church's attempt to paper over a popular pagan fertility rite with the clubbing death and decapitation of over of its own martyrs is the origin of this lovers' holiday.

As early as the fourth century B.C., the Romans engaged in an annual young man's rite of passage to the god Lupercus. The names of teenage women were placed in a box and drawn at random by adolescent men; thus, a man was assigned a woman companion, for their mutual entertainment and pleasure (often sexual), for the duration of a year, after which another lottery was staged. Determined to put an end to this eight-hundred-year-old practice, the early church fathers sought a "lovers'" saint to replace the deity Lupercus. They found a likely candidate in Valentine, a bishop who had been martyred some two hundred years earlier.

In Rome in A.D. 270, Valentine had enraged the mad emperor Claudius II, who had issued an edict forbidding marriage. Claudius felt that married men made poor soldiers, because they were loath to leave their families for battle. The empire needed soldiers, so

Claudius never one to fear unpopularity, abolished marriage.

Valentine, bishop of Interamna, invited young lovers to come to him in secret, where he joined them in the sacrament of matrimony. Claudius learned of this “friend of lovers,” and had the bishop brought to the palace. The emperor, impressed with the young priest’s dignity and conviction, attempted to convert him to the Roman gods, to save him from otherwise certain execution. Valentine refused to renounce Christianity and imprudently attempted to convert the emperor. On February 24, 270, Valentine was clubbed, stoned, and then beheaded.

History also claims that while Valentine was in prison awaiting execution, he fell in love with the blind daughter of the jailer, Asterius. Through his unswerving faith, he miraculously restored her sight. He signed a farewell message to her “From Your Valentine,” a phrase that would live long after its author died.

From the Church’s standpoint, Valentine seemed to be the ideal candidate to usurp the popularity of Lupercus. So, in A.D. 496, a stern Pope Gelasius outlawed the mid-February Lupercian festival. But he was clever enough to retain the lottery, aware of Romans’ love for games of chance. Now into the box that had once held the names of available and willing single women were placed the names of saints. Both men and women extracted slips of paper, and in the ensuing year they were expected to emulate the life of the saint whose name they had drawn. Admittedly, it was a different game with different incentives; to expect a woman and draw a saint must have disappointed many a Roman male. The spiritual overseer of the entire affair was its patron saint, Valentine. With reluctance, and the passage of time, more and more Romans relinquished their pagan festival and replaced it with the Church’s holy day.

Valentine Cards – Traditionally, mid-February was a Roman time to meet and court prospective mates. The Lupercalia had established the practice. While no one reinstated the Luperian lottery (under penalty of mortal sin), Roman young men did institute the custom of offering women they admired and wished to court handwritten greetings of affection on February 14. The cards acquired St. Valentine’s name.

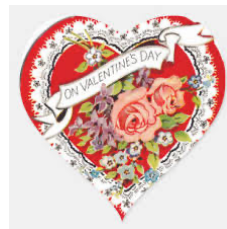
What is the oldest Valentine's message?

The poem that is sometimes referred to as the earliest known Valentine begins 'Je suis desja d'amour tanné / Ma tresdoulce Valentinee' (I'm already wearied by love, my very sweet Valentine).

As Christianity spread, so did the Valentine’s Day card. The earliest extant card was sent in 1415 by Charles, duke of Orleans, to his wife while he was a prisoner in the Tower of London. It is now in the British Museum.

In the sixteenth century, St. Francis de Sales, bishop of Geneva, attempted to expunge the custom of cards and reinstate the lottery of saints’ names. He felt that Christians had become wayward and needed models to emulate. However, this lottery was less successful and shorter-lived than Pope Gelasius’s. And rather than disappearing, cards proliferated and became more decorative. Cupid, the naked cherub armed with arrows dipped in love potion, became a popular valentine image. He was associated with the holiday because in Roman mythology he is the son of Venus, goddess of love and beauty.

By the sixteenth century, handmade cards were oversized and elaborate, while store-bought ones were smaller and costly. In 1797, a British publisher issued “The Young Man’s Valentine Writer,” which contained scores of suggested sentimental verses for the young lover unable to compose his own. Printers had already begun producing a limited number of cards with verses and sketches called “mechanical valentines,” and a reduction in postal rates in the next century ushered in the less personal but easier practice of mailing valentines. Thus, in turn, made it possible for the first time to exchange cards anonymously, which is taken as the reason for the sudden appearance of racy verse in an era otherwise prudishly Victorian. The burgeoning number of obscene valentines caused several countries to ban the practice of exchanging cards. In Chicago, for instance, late in the nineteenth century, the post office rejected some twenty-five thousand cards on the ground that they were not fit to be carried through the U.S. mail.



The first American publisher of valentines was printer and artist Esther Howland. Her elaborate lace cards of the 1870s cost from five to ten dollars, with some selling for as much as thirty-five dollars. Since that time, the valentine card business has flourished. With the exception of Christmas, Americans exchange more cards on Valentine’s Day than any other time of the year.

LEND A HAND

*If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.*

- Emily Dickinson

FROM THE RECTOR

Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus. When Jesus saw their faith, he said, "Friend, your sins are forgiven." Luke 5:18-20

A month ago, I was having a conversation with my daughter who is living in Spain. She mentioned that she was meeting with a group of friends she called a "quadrilla." I had never heard that word before, so I asked her what it meant. Apparently, in the Basque region, but in other parts of Spain as well, when a child is young, their parents guide them to become a group of friends which is called a quadrilla. The quadrilla is not like a normal childhood friend group, as it has some guidelines around it. You can only be a member of one quadrilla and you are in it for life. You have a duty to include your quadrilla in your social plans. Finally, the quadrilla is exclusive to the original members. I had never heard of a quadrilla and the knowledge of it blew my mind. It was like an arranged marriage for friendship.

In our passage from the Gospel of Luke, we see some men radically caring for their friend who is paralyzed. They know their friend's need and that Jesus can meet it, but they cannot get to Him because of the crowd. This temporary impediment will not stop them in their pursuit of seeing their friend healed, so they climb up to the roof and begin to deconstruct it so that they can lower their friend through it. As an aside, it is good to have friends who can solve any problem. By the time that they are done, their friend has met Jesus, his sins have been forgiven, and he is healed of his paralysis.

In our world we face an epidemic of loneliness. Our passage from Luke shows us what an impact having friends can make in our lives. The people in the Basque region of Spain addressed this generations ago by elevating friendship to such a high level and protected it with cultural expectations for friends. My hope is that we in the church would grow in how we support and care for one another, that the church would be a place where relationships can be found and forged. The Bible makes a strong case for the importance of friendship, let us encourage one another to be good and faithful friends.

If you are feeling lonely, feel free to call me. I would be happy to talk.

Your friend in Christ, *Seth*

